

# Two - Year - Olds

**T**

**TRANSITION TIME** in a child's life - changing from a baby into a child with opinions. They have a strong drive for independence, but often are not capable of doing the things they want to do.

**W**

**WATCH** his age child carefully. They are in constant motion. They can dart into danger in a flash. They are eager to explore and will touch, taste, climb and go into places without realizing they can be hurt.

**O**

**ONLY** see the world from their point of view. They will share only when they want to do so. If they don't get what they want, they will become easily frustrated and angry and may throw a temper tantrum. .

**S**

**STRESS** - This is a stressful stage for children and adults. This stage will pass as the child learns more skills and words. These children need **SPACE** to move and explore their world. Remove dangerous and special objects out of the child's reach and view. A two-year-olds brain is 2 ½ times more active than an adult's. Adults need breaks from these delightful but exhausting children.

## **CHILDREN'S BOOK:**

- *All by Myself* by Mercer Mayer

## **ADULT RESOURCES:**

- *Parenting Guide to Your Toddler* by Paula Spencer
- *Know Your Two-Year-Old* by Ames and Ilg

