## Siblings

**SEE** the interactions between children as learning opportunities. Children can learn many things S from each other. **INVITE** children in a family to work as a team. Be careful with contests and competitions. Combine grades, athletic points and other achievements for a family score rather than individual scores. "Our family scored 4 soccer goals today." B **BE** careful about comparing children. It leads to anger and low self-esteem. **LET** children find their own solutions to their problems. Adults may guide and suggest, but encourage children to be creative problem solvers. **INTERVENE** only when someone is in danger. Encourage children to talk about the problem from their point of view. Listen to them. **NORMAL.** Most brothers and sisters fight and argue as they grow up. GIVE each child individual adult attention. Spend time doing what interests that child. Celebrate their specialness. **SEPERATE** children who are physically fighting and give them a chance to calm down.

## CHILDREN'S BOOKS:

- No One Asked Me If I Wanted A Baby Sister
- Spots Baby Sister by Eric Hill
- Maybe My Baby by Irene O'Book

## ADULT RESOURCES:

• Silblings Without Rivalry by Taber and Mazlish