

Outside

O

OPPORTUNITY to explore nature. Children need a chance to touch and experience the world.

U

YOU are important as to how a child experiences nature. Get down on their level and see things from their point of view.

T

TAKE a risk. Outdoor playgrounds give children a chance to test new skills, such as, climbing, jumping balance and coordination.

S

SAFETY - Watch for hazards such as heat, broken equipment, biting insects, sunburn, hot metal surfaces, poisonous plants, and deep water (pools, lakes, creeks, rivers).

I

INDOOR EXPERIENCES such as reading books, eating snacks, painting, art, building blocks, and music can all be taken outside for a new, fun, experience for children.

D

DON'T leave children unsupervised or in the care of other children.

E

EXTEND children's learning by talking about and sharing books about the things they experience outside. Stars, trees, bugs, animal, flowers and weather all interest children.

ADULT RESOURCES:

- *Hug A Tree* by Rockwell, Sherman and Williams
- *The Outside Play and Learning Book* by Karen Miller
- National Program for Playground Safety - 1(800) 544-PLAY
- www.line.edu/playground

