

Car Safety

C

CHILDREN should always use a car seat when traveling in a car, van or truck.

A

ALWAYS make sure all child passengers have left the car when you leave the car and then lock the doors once you know everyone is out.

R

RESPOND immediately if a child gets locked in a car. Call 911 immediately.

S

SHADE the car seats and windows with a light covering or windshield shade when the car is parked; this can help prevent burns from hot seats, car seats and doors.

A

ALWAYS keep the trunk locked at all times. This will prevent children from crawling in and possibly not being able to get out.

F

FEEL the metal on seat belt buckles and car seat surfaces before buckling in your child. Protect your child's skin from these kinds of burns.

E

ENCOURAGE family members to keep rear fold down seats closed to prevent children from getting into the trunk from the inside of the car.

T

TEMPERATURE - In only 20 minutes, an outside temperature of 93 degrees will cause the inside temperature of car to reach 125 degrees. In 40 minutes it can reach 140 degrees. Children in a hot car can die in a matter in minutes.

Y

YOU should always keep your car keys and garage openers out of children's reach. You should always wear your seat belt in the car either as a driver or a passenger. – even if pregnant.

ADULT RESOURCES:

- www.children.com
- The Poison Experts 1-800-764-7661
- *The 3am Handbook* by Dr William Feldman
- *Keeping Kids Safe* by Dr. Kenneth Shore